

Dale City Swim Team - 2016
Home of THE FROGS!

Individual Meet Entries Report

2017 Time Trials with Vets 11-Jun-17 [Ageup: 6/1/2017] SC Meters

Location: Birchdale Pool

Dale City Swim Team [DCST-VA] Coach: Pam Friend

Birchdale Pool

Dale City, VA

GIRLS

Hannah Alfaro (13)			# 33	Girls 11-12 50 Back	NT
# 17	Girls 13-14 50 Free	39.21S	# 43	Girls 11-12 50 Breast	NT
# 35	Girls 13-14 50 Back	46.30S	# 53	Girls 11-12 50 Fly	NT
# 45	Girls 13-14 50 Breast	NT	Ariana Carter (12)		
# 55	Girls 13-14 50 Fly	44.85S	# 15	Girls 11-12 50 Free	39.02S
Lauren Alvarez Oberg (14)			# 33	Girls 11-12 50 Back	50.68S
# 17	Girls 13-14 50 Free	35.53S	# 43	Girls 11-12 50 Breast	54.55S
# 35	Girls 13-14 50 Back	44.59S	# 53	Girls 11-12 50 Fly	52.31S
# 45	Girls 13-14 50 Breast	44.94S	Rania Carter (9)		
# 55	Girls 13-14 50 Fly	36.69S	# 13	Girls 9-10 50 Free	NT
Layla Alvarez Oberg (11)			# 31	Girls 9-10 50 Back	NT
# 15	Girls 11-12 50 Free	45.97S	# 41	Girls 9-10 50 Breast	NT
# 33	Girls 11-12 50 Back	54.34S	# 51	Girls 9-10 25 Fly	24.00S
# 43	Girls 11-12 50 Breast	NT	Agnes Cho (12)		
# 53	Girls 11-12 50 Fly	NT	# 15	Girls 11-12 50 Free	NT
Vanessa Amankwah (16)			# 33	Girls 11-12 50 Back	NT
# 19	Girls 15-18 50 Free	NT	# 43	Girls 11-12 50 Breast	NT
# 37	Girls 15-18 50 Back	NT	# 53	Girls 11-12 50 Fly	NT
Julia Bauer (14)			Catherine Cho (11)		
# 17	Girls 13-14 50 Free	NT	# 15	Girls 11-12 50 Free	NT
# 35	Girls 13-14 50 Back	NT	# 33	Girls 11-12 50 Back	NT
# 45	Girls 13-14 50 Breast	NT	# 43	Girls 11-12 50 Breast	NT
# 55	Girls 13-14 50 Fly	NT	# 53	Girls 11-12 50 Fly	NT
Chey Bicar (17)			Emily Coleman (6)		
# 19	Girls 15-18 50 Free	35.90S	# 11	Girls 8 & Under 25 Free	37.06S
# 37	Girls 15-18 50 Back	43.97S	# 29	Girls 8 & Under 25 Back	50.77S
# 47	Girls 15-18 50 Breast	50.02S	Nicole Cordova (11)		
# 57	Girls 15-18 50 Fly	42.95S	# 15	Girls 11-12 50 Free	45.28S
Eliana Black (14)			# 33	Girls 11-12 50 Back	56.22S
# 17	Girls 13-14 50 Free	NT	# 43	Girls 11-12 50 Breast	1:00.18S
# 35	Girls 13-14 50 Back	NT	# 53	Girls 11-12 50 Fly	NT
# 45	Girls 13-14 50 Breast	NT	Sophia Cordova (15)		
# 55	Girls 13-14 50 Fly	NT	# 19	Girls 15-18 50 Free	NT
Jessie Bogan (7)			# 37	Girls 15-18 50 Back	NT
# 11	Girls 8 & Under 25 Free	28.50S	# 47	Girls 15-18 50 Breast	NT
# 29	Girls 8 & Under 25 Back	31.69S	# 57	Girls 15-18 50 Fly	NT
# 39	Girls 8 & Under 25 Breast	32.53S	Courtney Creedon (15)		
# 49	Girls 8 & Under 25 Fly	NT	# 19	Girls 15-18 50 Free	31.41S
Gwenyth Branco (12)			# 37	Girls 15-18 50 Back	36.41S
# 15	Girls 11-12 50 Free	NT	# 47	Girls 15-18 50 Breast	46.88S
# 33	Girls 11-12 50 Back	NT	# 57	Girls 15-18 50 Fly	33.18S
# 43	Girls 11-12 50 Breast	NT	Sydney Czajkowski (17)		
# 53	Girls 11-12 50 Fly	NT	# 19	Girls 15-18 50 Free	33.41S
Lillian Grace Branco (8)			# 37	Girls 15-18 50 Back	40.24S
# 11	Girls 8 & Under 25 Free	NT	# 47	Girls 15-18 50 Breast	43.06S
# 29	Girls 8 & Under 25 Back	NT	# 57	Girls 15-18 50 Fly	36.68S
C'Yanna Cannon (12)			Danielle Darfour (11)		
# 15	Girls 11-12 50 Free	NT	# 15	Girls 11-12 50 Free	37.91S

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Dale City Swim Team [DCST-VA] Coach: Pam Friend

GIRLS

# 33	Girls 11-12 50 Back	54.58S	# 43	Girls 11-12 50 Breast	1:20.72S
# 43	Girls 11-12 50 Breast	49.50S	# 53	Girls 11-12 50 Fly	NT
# 53	Girls 11-12 50 Fly	NT	Avery Gatewood (13)		
Michelle Darfour (13)			# 17	Girls 13-14 50 Free	44.62S
# 17	Girls 13-14 50 Free	41.03S	# 35	Girls 13-14 50 Back	52.78S
# 35	Girls 13-14 50 Back	54.84S	# 45	Girls 13-14 50 Breast	1:03.79S
# 45	Girls 13-14 50 Breast	54.18S	# 55	Girls 13-14 50 Fly	54.32S
# 55	Girls 13-14 50 Fly	51.41S	Amanda Genari (12)		
Kendra Davis (13)			# 15	Girls 11-12 50 Free	50.97S
# 17	Girls 13-14 50 Free	44.25S	# 33	Girls 11-12 50 Back	59.78S
# 35	Girls 13-14 50 Back	58.56S	# 43	Girls 11-12 50 Breast	1:02.47S
# 45	Girls 13-14 50 Breast	1:26.34S	# 53	Girls 11-12 50 Fly	1:01.21S
# 55	Girls 13-14 50 Fly	1:02.47S	Sarah Genari (15)		
Sedenia Dawit (12)			# 19	Girls 15-18 50 Free	38.81S
# 15	Girls 11-12 50 Free	NT	# 37	Girls 15-18 50 Back	48.01S
# 33	Girls 11-12 50 Back	NT	# 47	Girls 15-18 50 Breast	49.00S
Natalia Dias (10)			# 57	Girls 15-18 50 Fly	49.41S
# 13	Girls 9-10 50 Free	49.46S	Melissa George (11)		
# 31	Girls 9-10 50 Back	1:03.21S	# 15	Girls 11-12 50 Free	50.09S
# 41	Girls 9-10 50 Breast	1:08.25S	# 33	Girls 11-12 50 Back	57.65S
# 51	Girls 9-10 25 Fly	34.26S	# 43	Girls 11-12 50 Breast	1:06.86S
Susannah Dietrichson (12)			# 53	Girls 11-12 50 Fly	NT
# 15	Girls 11-12 50 Free	38.86S	Anjali Ghafoerkhan (11)		
# 33	Girls 11-12 50 Back	51.18S	# 15	Girls 11-12 50 Free	1:05.34S
# 43	Girls 11-12 50 Breast	54.19S	# 33	Girls 11-12 50 Back	1:23.32S
# 53	Girls 11-12 50 Fly	53.06S	# 43	Girls 11-12 50 Breast	NT
Vivian Louise Dmochowski (6)			Nadira Ghafoerkhan (8)		
# 11	Girls 8 & Under 25 Free	NT	# 11	Girls 8 & Under 25 Free	NT
# 29	Girls 8 & Under 25 Back	NT	# 29	Girls 8 & Under 25 Back	NT
Grace Ephrem (9)			Rhea Ghafoerkhan (6)		
# 13	Girls 9-10 50 Free	NT	# 11	Girls 8 & Under 25 Free	NT
# 31	Girls 9-10 50 Back	NT	Donna Guzman (15)		
# 41	Girls 9-10 50 Breast	NT	# 19	Girls 15-18 50 Free	NT
# 51	Girls 9-10 25 Fly	NT	# 37	Girls 15-18 50 Back	NT
Kymora Fevrier (7)			# 47	Girls 15-18 50 Breast	NT
# 11	Girls 8 & Under 25 Free	25.57S	# 57	Girls 15-18 50 Fly	NT
# 29	Girls 8 & Under 25 Back	30.37S	Caelyn Jimenez (7)		
# 39	Girls 8 & Under 25 Breast	NT	# 11	Girls 8 & Under 25 Free	NT
# 49	Girls 8 & Under 25 Fly	37.88S	# 29	Girls 8 & Under 25 Back	NT
Scout Fowkes (14)			Juliana Justus (5)		
# 17	Girls 13-14 50 Free	33.72S	# 11	Girls 8 & Under 25 Free	NT
# 35	Girls 13-14 50 Back	38.00S	# 29	Girls 8 & Under 25 Back	NT
# 45	Girls 13-14 50 Breast	45.18S	Lizzy Kelly (12)		
# 55	Girls 13-14 50 Fly	39.01S	# 15	Girls 11-12 50 Free	37.40S
Kyliee Friend (6)			# 33	Girls 11-12 50 Back	44.35S
# 11	Girls 8 & Under 25 Free	35.81S	# 43	Girls 11-12 50 Breast	50.90S
# 29	Girls 8 & Under 25 Back	38.56S	# 53	Girls 11-12 50 Fly	46.40S
# 49	Girls 8 & Under 25 Fly	NT	Lexi Kennon (14)		
Abigail Garland (11)			# 17	Girls 13-14 50 Free	48.47S
# 15	Girls 11-12 50 Free	49.24S	# 35	Girls 13-14 50 Back	59.94S
# 33	Girls 11-12 50 Back	1:01.56S	# 45	Girls 13-14 50 Breast	54.84S

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GIRLS

# 55	Girls 13-14 50 Fly	1:05.44S	# 31	Girls 9-10 50 Back	NT
Madison Lang (14)			# 41	Girls 9-10 50 Breast	NT
# 17	Girls 13-14 50 Free	NT	# 51	Girls 9-10 25 Fly	21.75S
# 35	Girls 13-14 50 Back	NT	Abby Palacio (12)		
Georgie Lanham (12)			# 15	Girls 11-12 50 Free	35.90S
# 15	Girls 11-12 50 Free	56.56S	# 33	Girls 11-12 50 Back	46.22S
# 33	Girls 11-12 50 Back	1:00.41S	# 43	Girls 11-12 50 Breast	49.19S
# 43	Girls 11-12 50 Breast	NT	# 53	Girls 11-12 50 Fly	40.46S
Hannah Lesly (10)			Zoe Pappas (15)		
# 13	Girls 9-10 50 Free	NT	# 19	Girls 15-18 50 Free	39.06S
# 31	Girls 9-10 50 Back	NT	# 37	Girls 15-18 50 Back	43.34S
# 41	Girls 9-10 50 Breast	NT	# 47	Girls 15-18 50 Breast	54.30S
# 51	Girls 9-10 25 Fly	NT	# 57	Girls 15-18 50 Fly	47.68S
Victoria Le (9)			Bella Pendleton (7)		
# 13	Girls 9-10 50 Free	NT	# 11	Girls 8 & Under 25 Free	30.19S
# 31	Girls 9-10 50 Back	NT	# 29	Girls 8 & Under 25 Back	34.02S
# 41	Girls 9-10 50 Breast	NT	# 39	Girls 8 & Under 25 Breast	NT
# 51	Girls 9-10 25 Fly	44.41S	# 49	Girls 8 & Under 25 Fly	41.28S
Kylie Livingston (6)			Dezi Prado (15)		
# 11	Girls 8 & Under 25 Free	41.70S	# 19	Girls 15-18 50 Free	35.03S
# 29	Girls 8 & Under 25 Back	56.29S	# 37	Girls 15-18 50 Back	45.90S
Melanie Livingston (7)			# 47	Girls 15-18 50 Breast	44.46S
# 11	Girls 8 & Under 25 Free	30.69S	# 57	Girls 15-18 50 Fly	38.62S
# 29	Girls 8 & Under 25 Back	38.16S	Natalija Pumpurs (16)		
# 39	Girls 8 & Under 25 Breast	46.66S	# 19	Girls 15-18 50 Free	30.50S
# 49	Girls 8 & Under 25 Fly	NT	# 37	Girls 15-18 50 Back	33.06S
Sara Lyon (11)			# 47	Girls 15-18 50 Breast	40.09S
# 15	Girls 11-12 50 Free	NT	# 57	Girls 15-18 50 Fly	31.91S
# 33	Girls 11-12 50 Back	NT	Olivia Robelly (15)		
# 43	Girls 11-12 50 Breast	NT	# 19	Girls 15-18 50 Free	39.05S
# 53	Girls 11-12 50 Fly	NT	# 37	Girls 15-18 50 Back	46.75S
Madison Martin (11)			# 47	Girls 15-18 50 Breast	51.09S
# 15	Girls 11-12 50 Free	39.31S	# 57	Girls 15-18 50 Fly	47.00S
# 33	Girls 11-12 50 Back	49.72S	Alanny Rocha (13)		
# 43	Girls 11-12 50 Breast	50.25S	# 17	Girls 13-14 50 Free	NT
# 53	Girls 11-12 50 Fly	NT	# 35	Girls 13-14 50 Back	NT
Zamantha Moffatt (11)			# 45	Girls 13-14 50 Breast	NT
# 15	Girls 11-12 50 Free	43.82S	# 55	Girls 13-14 50 Fly	NT
# 33	Girls 11-12 50 Back	51.81S	Elyse Rojas (10)		
# 43	Girls 11-12 50 Breast	1:12.87S	# 13	Girls 9-10 50 Free	49.88S
# 53	Girls 11-12 50 Fly	NT	# 31	Girls 9-10 50 Back	1:00.35S
Allie Molle (14)			# 41	Girls 9-10 50 Breast	1:16.31S
# 17	Girls 13-14 50 Free	33.71S	# 51	Girls 9-10 25 Fly	28.00S
# 35	Girls 13-14 50 Back	40.00S	Isabel Rojas (7)		
# 45	Girls 13-14 50 Breast	49.37S	# 11	Girls 8 & Under 25 Free	27.59S
# 55	Girls 13-14 50 Fly	44.34S	# 29	Girls 8 & Under 25 Back	31.78S
Alexandria Notar (14)			# 39	Girls 8 & Under 25 Breast	NT
# 17	Girls 13-14 50 Free	NT	# 49	Girls 8 & Under 25 Fly	NT
# 35	Girls 13-14 50 Back	NT	Shayla Rukongeza (11)		
Gabby Ong (9)			# 15	Girls 11-12 50 Free	NT
# 13	Girls 9-10 50 Free	NT	# 33	Girls 11-12 50 Back	NT

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GIRLS

# 43	Girls 11-12 50 Breast	NT	# 47	Girls 15-18 50 Breast	44.19S
Indu Sanil (12)			# 57	Girls 15-18 50 Fly	36.28S
# 15	Girls 11-12 50 Free	NT	Mackenzie Stone (10)		
# 33	Girls 11-12 50 Back	NT	# 13	Girls 9-10 50 Free	55.03S
# 43	Girls 11-12 50 Breast	NT	# 31	Girls 9-10 50 Back	1:03.78S
# 53	Girls 11-12 50 Fly	NT	# 41	Girls 9-10 50 Breast	1:15.63S
Mary Saulsbery (12)			# 51	Girls 9-10 25 Fly	28.65S
# 15	Girls 11-12 50 Free	36.63S	Opal Teavahasakulthong (9)		
# 33	Girls 11-12 50 Back	49.55S	# 13	Girls 9-10 50 Free	NT
# 43	Girls 11-12 50 Breast	50.06S	# 31	Girls 9-10 50 Back	NT
# 53	Girls 11-12 50 Fly	46.22S	# 41	Girls 9-10 50 Breast	NT
Jamie Sikorski (10)			# 51	Girls 9-10 25 Fly	25.53S
# 13	Girls 9-10 50 Free	52.01S	Amy Trinh (12)		
# 31	Girls 9-10 50 Back	58.78S	# 15	Girls 11-12 50 Free	40.84S
# 41	Girls 9-10 50 Breast	1:24.00S	# 33	Girls 11-12 50 Back	49.51S
# 51	Girls 9-10 25 Fly	28.37S	# 43	Girls 11-12 50 Breast	56.22S
Nicole Sikorski (13)			# 53	Girls 11-12 50 Fly	1:05.19S
# 17	Girls 13-14 50 Free	45.12S	Ellie Trinh (7)		
# 35	Girls 13-14 50 Back	1:04.31S	# 11	Girls 8 & Under 25 Free	34.22S
# 45	Girls 13-14 50 Breast	NT	# 29	Girls 8 & Under 25 Back	40.60S
Lillian Simpson (12)			# 39	Girls 8 & Under 25 Breast	NT
# 15	Girls 11-12 50 Free	NT	# 49	Girls 8 & Under 25 Fly	NT
# 33	Girls 11-12 50 Back	NT	Lili Trinh (10)		
Samia Snead (9)			# 13	Girls 9-10 50 Free	47.84S
# 13	Girls 9-10 50 Free	NT	# 31	Girls 9-10 50 Back	54.52S
# 31	Girls 9-10 50 Back	NT	# 41	Girls 9-10 50 Breast	1:02.53S
# 41	Girls 9-10 50 Breast	NT	# 51	Girls 9-10 25 Fly	27.78S
# 51	Girls 9-10 25 Fly	NT	Sydney Troutman (12)		
Jillian Staats (14)			# 15	Girls 11-12 50 Free	NT
# 17	Girls 13-14 50 Free	35.69S	# 33	Girls 11-12 50 Back	NT
# 35	Girls 13-14 50 Back	45.06S	# 43	Girls 11-12 50 Breast	NT
# 45	Girls 13-14 50 Breast	46.91S	Amy Voith (8)		
# 55	Girls 13-14 50 Fly	41.90S	# 11	Girls 8 & Under 25 Free	28.02S
Ainsley Stabler (10)			# 29	Girls 8 & Under 25 Back	34.41S
# 13	Girls 9-10 50 Free	39.53S	# 39	Girls 8 & Under 25 Breast	40.64S
# 31	Girls 9-10 50 Back	47.06S	# 49	Girls 8 & Under 25 Fly	NT
# 41	Girls 9-10 50 Breast	1:02.84S	Jane Voith (12)		
# 51	Girls 9-10 25 Fly	19.19S	# 15	Girls 11-12 50 Free	46.57S
Arianna Stacy (13)			# 33	Girls 11-12 50 Back	55.78S
# 17	Girls 13-14 50 Free	40.78S	# 43	Girls 11-12 50 Breast	58.88S
# 35	Girls 13-14 50 Back	50.50S	# 53	Girls 11-12 50 Fly	57.88S
# 45	Girls 13-14 50 Breast	1:21.53S	Snoija Warner (16)		
# 55	Girls 13-14 50 Fly	49.02S	# 19	Girls 15-18 50 Free	39.96S
Emily Stacy (10)			# 37	Girls 15-18 50 Back	47.37S
# 13	Girls 9-10 50 Free	55.13S	# 47	Girls 15-18 50 Breast	51.81S
# 31	Girls 9-10 50 Back	1:05.12S	# 57	Girls 15-18 50 Fly	47.88S
# 41	Girls 9-10 50 Breast	1:21.81S	Tess Welsby (12)		
# 51	Girls 9-10 25 Fly	35.63S	# 15	Girls 11-12 50 Free	36.78S
Marissa Stevenson (17)			# 33	Girls 11-12 50 Back	43.04S
# 19	Girls 15-18 50 Free	31.37S	# 43	Girls 11-12 50 Breast	49.08S
# 37	Girls 15-18 50 Back	38.01S	# 53	Girls 11-12 50 Fly	45.44S

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GIRLS

Addie Williams (9)

# 13	Girls 9-10 50 Free	NT
# 31	Girls 9-10 50 Back	NT
# 41	Girls 9-10 50 Breast	NT
# 51	Girls 9-10 25 Fly	32.12S

Cydney Wyatt (15)

# 19	Girls 15-18 50 Free	NT
# 37	Girls 15-18 50 Back	NT
# 47	Girls 15-18 50 Breast	NT
# 57	Girls 15-18 50 Fly	NT

Isabel Zenuch (10)

# 13	Girls 9-10 50 Free	NT
# 31	Girls 9-10 50 Back	NT

Selina Zibung (9)

# 13	Girls 9-10 50 Free	NT
# 31	Girls 9-10 50 Back	NT
# 41	Girls 9-10 50 Breast	NT
# 51	Girls 9-10 25 Fly	25.22S

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Dale City Swim Team [DCST-VA] Coach: Pam Friend

Female IE's:	329
Male IE's:	0
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Total IE's:	329
Total Athletes:	91